

**The Newark Public Library Presents:**

# NUTRITION EDUCATION

**WEDNESDAY, DECEMBER 19TH, 4-5 PM**

**ShopRite of Newark's Nutritionist, Ms. Jackson, is back! Join us for a children's holiday story, basic nutrition information discussion, and make a festive, healthy holiday treat.**

*Limited to 25 participants!*

**Newark Public Library - Springfield Branch**

**50 Hayes Street**

**Newark, NJ 07103**

**973.733.7736**

**[www.npl.org](http://www.npl.org)**

