

Schedule & Topics

Sessions begin February 15th and meet
Wednesdays, 5pm – 6:30pm.
Meetings will be held in the Special Services
Room at the NPL.

- **Thurs, Feb 15th-** Flawless: Your AMAZING body and caring for it
- **Wed, Feb 21st-** Born this Way: Sexuality and Acceptance
- **Wed, Feb 28th:** Play No Games: Safe and Healthy Sex Practices
- **Wed, March 7th-** Sorry Not Sorry: Recognizing the signs of unhealthy relationships
- **Wed, March 14th-** Unpretty: Social Media and Media's View of Women and Girls
- **Wed, March 21st:** Closing Celebration