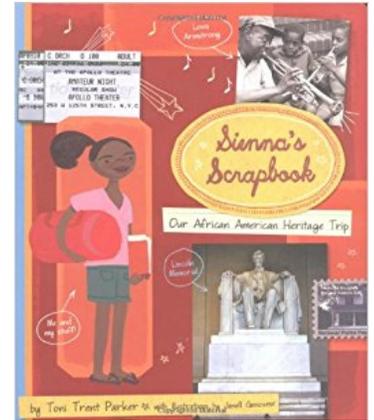


Fun Ideas for Documenting Your Story

Create a Scrapbook

A scrapbook is simply a decorated photo album that also preserves the stories behind the photos. A scrapbook can also hold memorabilia such as tickets, postcards, report cards, and any other item that evokes memories. Find pictures and items that represent each of your family members, cut them out, and glue them into a photo album or notebook. Decorate each page with designs and stories and you will have an item that can be shared by your family for generations to come!



Sienna's Scrapbook by Toni Trent Parker is a great example of a scrapbook.

Make a Memory Jar



A memory jar is a fun and simple way of preserving memories. All you need is an empty jar and a stack of sticky notes or small pieces of paper. At least once a week, write down a positive memory. Put that memory in the empty jar. Make it a family tradition to get together and look back at the memories in your memory jar as it starts to fill up.

Create a Heritage Cookbook

Pass down your favorite family recipes by assembling a cookbook. You may want to photograph your favorite dishes. Once you have selected several recipes, add them to a page and insert photos and notes about the history of each one. You can use a binder or a photo album to construct your own recipe booklet.



Play Family Bingo with a Homemade Bingo Board



Bingo is a fun game that all the members of a family can play together. Why not make your own board for your next family gathering? Use photos of your family members for squares on the board. You might also write down memories, nicknames, and your family's favorite activities to fill in the remaining squares. Invite everyone over to play and see how your Bingo board gets your family to open up and some history.

Chart the Growth of Your Family with a Hand Collage

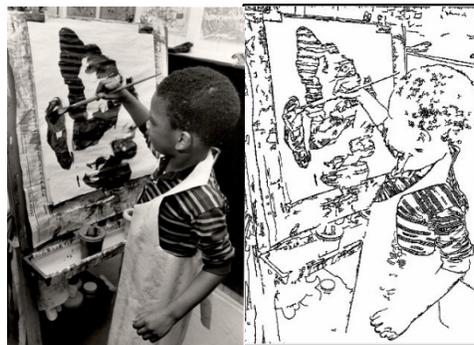
You might not realize how quickly your brothers and sisters have grown since they were born. Make a hand collage of your family to chart how it happens. Have all of the members of your family trace their hands on a sheet of poster paper. Everyone can then write their name on the palm of their hand and the date on one of their fingers. Every few months, draw a new hand and repeat the process. Watch as your hand collage gets bigger and bigger.



Your hand collage will continue to grow the longer you have it.

Color an Old Family Photo

You may have some old family photos that are in black and white. Why not update them with a little color? There are many websites that let you upload photos and turn them into coloring pages. Our favorite website is www.reallycolor.com!



An example of a family photo turned into a coloring page.